



Healing with Ayurveda Aromatherapy

Ayurveda aromatherapy is the marriage of two sciences Ayurveda & Aromatherapy. Subtle Energies have been pioneers in reviving the science of using rare & unique essential oils, long forgotten in traditional Ayurveda practices today.

In Aromatherapy Ayurveda the traditional techniques & benefits of Ayurveda are combined with the added benefits of aromatherapy & Marma techniques using the rare and unique flora pharmacy of the Indian essential oils providing a holistic sensory experience .

The ultimate goal is to help you enhance your self-reliance , energy, vitality and mental health and lead to a better state of well-being.

Inclusions	3 nights	5 nights	7 nights
Aromatherapy Ayurveda consultation (30 min)	1	1	1
Pearl infused remineralizing body mask (90 min)	1	1	1
Rasayana detox body wrap (90 min)		1	1
Blissful Marma massage (60 min)	1	1	2
Abhyang Fusion massage (60 min)		1	2
Wild Kashmir Purifying facial (60 min)	1	1	1
24K Gold age defying facial (60 min)		1	1
Soothe & Enrich advanced anti-oxidant facial (60 min)			1
Indian head and foot massage (45 min)		1	1
Shirodhara (45 min)			1
Personalized yoga (60 min)	1	1	1
Guided Meditation (30 min)	1	1	1
FREE Thalassotherapy and thermal suite in a daily basis			
Price per person	€510	€970	1310

Prices are quoted in Euros and include tax .
Prices exclude accommodation.